

My Personal Skills

Name: _____

Date: _____

INSTRUCTIONS: Identify the ten traits that you think best describe you.

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| <ul style="list-style-type: none"> • Accepts individual differences <ul style="list-style-type: none"> • Accurate • Adventurous • Ambitious • Analytical <ul style="list-style-type: none"> • Artistic • Assertive <ul style="list-style-type: none"> • Calm • Careful • Competitive • Confident • Conscientious <ul style="list-style-type: none"> • Consistent • Cooperates well with others <ul style="list-style-type: none"> • Courteous • Creative • Decisive • Dependable <ul style="list-style-type: none"> • Discreet • Easy to get along with <ul style="list-style-type: none"> • Efficient • Empathetic • Enthusiastic • Even tempered | <ul style="list-style-type: none"> • Fits in easily with others <ul style="list-style-type: none"> • Flexible • Focused • Forgiving • Goal – oriented • Good at presenting ideas <ul style="list-style-type: none"> • Good listener <ul style="list-style-type: none"> • Helpful • Honest • Humorous • Independent worker <ul style="list-style-type: none"> • Insightful <ul style="list-style-type: none"> • Kind • Leader <ul style="list-style-type: none"> • Likeable • Likes to learn <ul style="list-style-type: none"> • Logical • Loyal • Open to new ideas <ul style="list-style-type: none"> • Optimistic • Organized • Outgoing • Patient • persistent | <ul style="list-style-type: none"> • Persuasive • Pleasant <ul style="list-style-type: none"> • Polite • Positive <ul style="list-style-type: none"> • Practical • Problem solver • Puts others at ease <ul style="list-style-type: none"> • Quick learner <ul style="list-style-type: none"> • Realistic • Respects differences • Safety conscientious <ul style="list-style-type: none"> • Self – disciplined • Self – motivated • Sense of humour <ul style="list-style-type: none"> • Sincere • Speaks effectively • Tolerant of stress <ul style="list-style-type: none"> • Trustworthy • Understanding |
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A First Look at Your Personal Traits

Name: _____

Date: _____

INSTRUCTIONS: Complete the following questions working together as a group.

1. On the following chart, identify any personal traits that you think are generally common to people who are the first born in families, the middle born and the last born. See posted website article for additional information.

http://www.huffingtonpost.com/dr-gail-gross/how-birth-order-affects-personality_b_4494385.html

FIRST BORN	MIDDLE BORN	LAST BORN

2. Do you agree or disagree that a person's order of birth influences the development of their personal traits? Explain your answer.

3. List five other factors (other than the order of birth) that contribute to the development of a person's personal traits.

- _____
- _____
- _____
- _____
- _____

4. From the list developed in question #3, which factor do you think is the most influential in the development of personal traits? Explain your answer.
