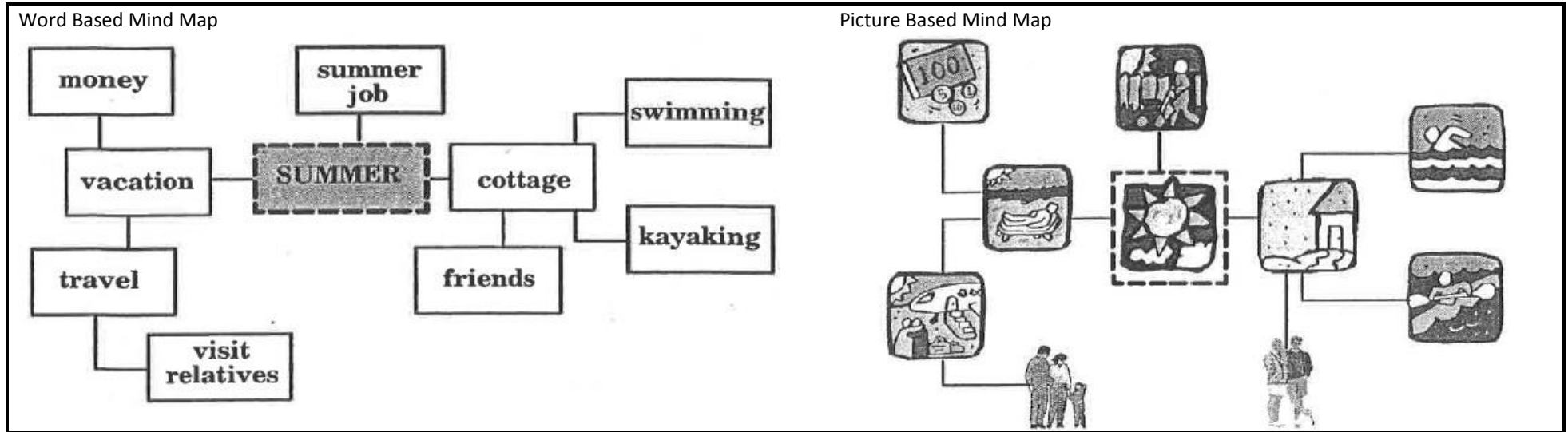


Mind Mapping

If you are a right – brain thinker, you might consider mind mapping to help you generate and organize your ideas. A mind mapping to help you generate and organize your ideas. A mind map consists of a web of words that branch out from a central word or idea. Mind mapping enables you to generate related words and ideas with little mental effort. Some people even find it to be a cure for writer's block.

Right – Brain Thinker



Keys to Mind Mapping

- Relax. Let your mind run freely. No need to get too serious. Focusing too much on the task will stifle your creativity. Let yourself dream a little.
- Speed it up. Think of as many ideas as you can, as quickly as possible.
- Get crazy. Write down everything you think of no matter how crazy it may seem at the time. This is not the time to judge whether it is a good idea or not; that will come later.
- Be creative. This is your chance to let loose. Mind map all the ideas you have on a sheet of paper. Try to fill up as much of your page as you can.
- Start in the middle. Start your mind map with a focal point in the middle of your page. Your middle point is the topic, problem or important issue that you are thinking about.
- Build on each thought or word that comes to mind and spend some time exploring related thoughts and words. Include everything in your map. Try not to evaluate it at this stage.
- Don't let your hand stop moving. If you cannot think of a new word or symbol to draw, then add some colour to other words and pictures while you think.

In a way, mind mapping is a way of brainstorming. It can be used to organize information and ideas for assignments, presentations, novels, poems, party supply lists, vacation planning, note taking, etc.